

Hunger Shakes

Story By: Andrew Frinkle

Jared was getting hungry. How did he know? There were many reasons.

First, his stomach felt empty. Later, it began to growl.

Next, his heart started to beat fast. He felt strange.

Later, he began to feel weak. He felt sleepy, too.

Then he got cranky and could not think. His head hurt.

After that, he began to feel dizzy. He wanted to rest.

Finally, his stomach growled really loud in class.

Just then, the bell rang. It was lunch time. Thank goodness!

After a nice lunch, he started to feel good again. That was nice.

He could think. He could do his work. He was awake.

It was not fun to get really hungry!

Next time, he would eat a bigger breakfast.



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Use the information in the story to answer the questions below.

1. How is Jared feeling?
 - A. sad
 - B. hungry
 - C. angry
 - D. happy

2. What happens first?
 - A. Jared's stomach feels empty and growls.
 - B. Jared's heart beats fast, and he feels strange.
 - C. Jared felt dizzy.
 - D. Jared ate lunch.

3. What happened to Jared next?
 - A. Jared's stomach feels empty and growls.
 - B. Jared's heart beats fast, and he feels strange.
 - C. Jared felt dizzy.
 - D. Jared ate lunch.

4. How does Jared fix his problem?
 - A. He goes to sleep.
 - B. He calls his mom.
 - C. He cries.
 - D. He eats lunch.

5. What will Jared do next time?
 - A. He will eat a big breakfast.
 - B. He will go home.
 - C. He will take a nap.
 - D. He will ask his teacher for food.

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